

Physical Education 2/06 -2/10 Week 25

Activity – 2nd - 5th Review/Introduce Bucketball (modified Kickball game). K&1st – Review and continue pulse, dribbling, skipping, galloping, jump roping, wind mills, squads, star jacks, and jumping Jacks. Introduce planks and wall push-ups. Review and continue Squirrels and Trees, and if time 4 Corners.

Warm-Up – K-1st, led by Mrs. Pitts/squads. 2nd-5th written on board, students do independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

Vocabulary Words - 2nd-5th- pitcher, foul, baseline, poly, teamwork, catch, roll, steps, and bases.
K&1st- pulse, switch, tag, plank, and wall push-up.

Objectives - students will:

1. K-5th- Complete the Warm-Up.
2. 2nd-5th-Kick a rolling ball, catch and throw a ball.
3. K-5th- Take care of equipment, follow class procedures, and safety rules.
4. K-5th- perform skipping, jumping jacks, dribbling and jump roping correctly.
5. K-5th- follow instructions, safety rules, and take care of equipment used.
6. K-5th- All students will enjoy and participate in class.
7. All students will hand sanitize their hands when entering the gymnasium.
8. All students will work well in a group, or on a team, and exhibit good sportsmanship.
9. All students continue working on and improving Cardiovascular Endurance when jogging during the warm-up.

Indiana Academic Standards Covered:

K- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.10.A, 1.16.A, 2.1.A, 2.1.B, 2.2.A, 2.3.A, 3.1.A, 3.2.A, 3.5.A, 4.1.A, 4. 1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

1st- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.2.B, 2.3.A, 3.1.A, 3.2.A 3.3.A, 4.1.A, 4. 1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.7.A, 1.9.A, 1.10.A, 1.10.B, 1.11.A, 2.16.A, 2.1.A, 2.2.A, 2.3.A, 3.2.A, 3.3.B, 3.4.B, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd- 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.9.A, 1.11.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 3.1.B, 3.2.A,

4. 1.1.A, 4.1.B, 4.2.A, 4.3.A, 4.3.B, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A.

4th - 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.9.A, 1.11A, 1.16.A, 2.1.A, 2.1.C, 2.2.A, 2.3.A, 2.3.B, 2.4.B, 2.4.C, 3.2.A, 3.3.B, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.3.B, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A.

5th - 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.9.A, 1.9.B, 1.11.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 2.3.B, 2.3.C, 2.4.B, 2.4.C, 3.2.A, 3.3.B, 4.1.A, 4.1.B, 4.1.C, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A.