

Physical Education 2/27 - 3/03 Week 28

Activity – K – 5th grade – Sign up for Field Day, and briefly explain the activities to all students. Sign up the girls while the boys play (ankle hops, scoops/wiffle balls, catch a cup, hula hoops, long or short jump ropes, or shoot baskets), sign up the boys while the girls play. Each student will sign up for 3 afternoon stations.

Warm-Up – K & 1st led by Mrs. Pitts/squads, galloping, skipping, jogging, jumping jacks. 2nd - 5th written on board, students do independently at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

Vocabulary Words – K- 5th – Field Day, station, sack race, 3 legged race, distance run, 50 yd. Dash, distance run, jump rope, racquet race, poly race, relays, tug-o-war, and baton.

Objectives - students will:

1. Complete the warm-up.
2. Follow directions/instructions.
3. Follow safety rules.
4. Share and get along with peers.
5. Take care, use equipment properly , and put it away.
6. Line up quickly and quietly.
7. K-5th –sign up for 3 stations.
8. K-5th- accept individual differences.
9. All students will sign up for 3 Field Day Events.
10. All students continue working on Cardiovascular Endurance Objective/Warm-up

Indiana Academic Standards covered:

K- 1.1.A, 1.10.A, 1.16.A, 2.1.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.4.A.

1st-1.1.A, 1.10.A, 1.16.A, 2.1.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.4.A.

2nd- 1.1.A, 1.10.A, 1.16.A, 2.1.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.4.A.

3rd- 1.1.A, 1.10.A, 1.16.A, 2.1.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.4.A.

4th- 1.1.A, 1.10.A, 1.16.A, 2.1.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.4.A.

5th– 1.1.A, 1.10.A, 1.16.A, 2.1.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A,

5.2.A, 5.4.A.