

Physical Education 10/24 - 10/28 Week 11

Activity - 3rd - 5th grade - Introduce and explain Chinese Soccer game. K-2nd - Review and continue skipping, dribbling, jumping jacks, toe touches, arm circles, and jump roping. Introduce Circle Chinese Soccer game.

Warm-Up - K- 2nd grade led by Mrs. Pitts in their squads. 3rd - 5th written on the board, students do independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

Vocabulary Words - 4th & 5th - China, Chinese, block, ricochet, rotate, kick, rectangle, and crab walk. 3rd - China, Chinese, block, switch, rectangle, and crab walk. K-2nd - Kick, block, poly, middle circle, and Chinese.

Objectives - students will:

1. K-5th - Complete the warm-up, and work well in a group or on a team.
2. K-5th - Follow directions, instructions, and safety rules, and take care of equipment.
3. K-5th - Exhibit good sportsmanship, take turns, share.
4. K-5th - Accept individual differences.
5. 2nd-5th - Dribble basketballs, jump rope, skip, and do jumping jacks correctly.
K-2nd - improve these skills.
6. K-5th - Successfully kick the exercise ball while sitting, or crab walking.
7. K-5th- Continue working on Cardiovascular Endurance Goal/objective while doing Warm-Up/jogging.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.1.B, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

1st - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

4th - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 2.3.B, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

5th - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 2.3.A, 2.3.B, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.4.A, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.