

Physical Education 8/7 - 8/11 Week 1

(8/7 & 8/8 Teacher Professional, and Work Day)

Activity - K-5th grade - Take attendance, discuss Physical Education/classroom expectations, rules and procedures. Discuss Google Classroom. Set up squad spots/seating.

Warm-Up - if time, short warm-up.

Vocabulary Words - gymnasium, squads, cones, warm-up, gallop, skip and jog.

Objectives - students will:

1. Remember Squad spots.

2. Understand classroom expectations, procedures and safety rules.

3. Line up quickly, quietly, and safely.

Standards Covered:

K- 1.1, 2.1, 2.2, 3.2, 5.1, 5.2, 5.3, 5.4, 6.1, 6.2, 6.3. 1st- 1.1, 1.2, 2.1, 2.3, 3.1, 4.3, 4.4, 4.5, 4.6, 5.1, 5.2, 5.3, 5.4, 6.2, 6.3, 6.4. 2nd- 1.1, 1.2, 1.4, 2.2, 2.3, 2.5, 3.1, 4.1, 4.4, 5.1, 5.2, 5.4, 3rd-1.1.1, 1.1.2, 1.4, 2.1, 2.3, 4.1, 4.2, 4.4, 4.6, 5.1, 5.2, 5.3, 6.1, 6.2, 6.3. 4th- 1.1, 1.2, 1.4, 2.2, 3.2, 4.1, 4.2, 4.4, 5.2, 5.4, 6.1, 6.2. 5th- 1.1.1, 1.2, 2.2, 3.1, 4.1, 4.2, 4.3, 4.4, 5.1, 5.2, 5.3, 5.4, 6.1, 6.2.