

Physical Education 9/25 - 9/29 Week 8
E-Learning Monday

Activity - 2nd - 5th - Introduce/play Grab the Bacon game (using 1 Bacon).

K&1st - Continue reviewing skipping, galloping, jumping jacks, toe touches, arm circles, dribbling, and jumping rope. Introduce Wind Mills in the Warm-Up. Introduce/play Drop the Bacon game (similar to Duck Duck Goose).

Warm-Up - K-2nd led by Mrs. Pitts, students in their squads. 3rd-5th - written on board, students do it independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

Vocabulary Words - 2nd-5th, middle circle, rectangle, grab, tag, slide, and spot. K&1st - middle rectangle, dribble, jumping jack, race, slide, spot, run, and jog, left, right,

Objectives - students will:

1. Complete the warm-up, enjoy class, exercising, and physical activity during class.
2. Follow directions, instructions, and safety rules.
3. Students will use hand sanitizer when entering the gym/before going to squads.
4. K-5th - Exhibit good sportsmanship.
5. K-5th - take care of, and use equipment properly.
6. 2nd-5th - be a good team player, and get along with others.
7. K-5th - Encourage others and accept individual differences.
8. K-5th - skip, gallop, jump rope, dribble, and perform jumping jacks correctly.
9. Try their best at all times, and feel successful.
10. Continue working on and improving Cardiovascular Endurance during the Warm-Up.
11. K & 1st -successfully make a large circle formation at the middle circle.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.1.B, 2.2.A, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

1st - 1.1.A, 1.2.A, 1.4.A, 1.5.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.2.B, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd - 1.1.A, 1.2.A, 1.4.A, 1.5.A, 1.7.A, 1.10.A, 1.10.B, 2.16.A, 2.1.A, 2.3.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.1.B, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 2.4.A, 2.4.B, 3.1.A, 3.3.B, 3.4.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.2.A,

5.3.A.

4th - 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A, 1.10.A, 1.16.A, 2.1.A, 2.1.C, 2.2.A, 2.3.A, 2.4.A, 3.2.A, 3.3.B, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.B, 5.2.A, 5.3.A.

5th - 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 2.3.C, 2.4.A, 3.1.A, 3.3.B, 4.1.A, 4.1.B, 4.1.C, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A.