

Physical Education 11/21 - 11/22 Week 15

Activity - 2nd - 5th - Review and continue playing Grab the Bacon game (1 or 2 Bacon's). K&1st - continue reviewing skipping, galloping, jumping jacks, toe touches, arm circles, dribbling, and jumping rope. Review or continue Drop the Bacon game (similar to Duck Duck Goose) around the middle circle. If time, review and play the Number Game, or Smurfs.

Warm-Up - K-2nd led by Mrs. Pitts, students in their squads. 3rd-5th - written on board, students do independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet all student's individual needs and abilities.

Vocabulary Words - 2nd-5th, interception, middle circle, rectangle, grab, race, slide, tie, and spot. K&1st - middle rectangle, dribble, jumping jack, race, slide, spot, run, and jog.

Objectives - students will:

1. Use hand sanitizer and complete the warm-up.
2. Follow directions, instructions, and safety rules.
3. 2nd-5th- tag others properly/safely.
4. Exhibit good sportsmanship, and try their best.
5. Take care of and use equipment properly.
6. 2nd-5th - be a good team player, and get along with others.
7. Encourage others and accept individual differences.
8. Enjoy exercising, and Physical Education class.
9. K-5th - skip, gallop, jump rope, dribble, and perform jumping jacks correctly.

10. Students K- 5th will meet the Jogging Objective in the warm-up.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.1.B, 2.2.A, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

1st - 1.1.A, 1.2.A, 1.4.A, 1.5.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.2.B, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd - 1.1.A, 1.2.A, 1.4.A, 1.5.A, 1.7.A, 1.10.A, 1.10.B, 2.16.A, 2.1.A, 2.3.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.1.B, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.10.A, 1.16.A, 2.1.A,

2.2.A, 2.3.A, 2.4.A, 2.4.B, 3.1.A, 3.3.B, 3.4.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A,
5.2.A,
5.3.A.

4th - 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A,
1.10.A, 1.16.A, 2.1.A, 2.1.C, 2.2.A, 2.3.A, 2.4.A, 3.2.A, 3.3.B, 4.1.A, 4.1.B, 4.2.A,
4.3.A, 4.4.B, 5.2.A, 5.3.A.

5th - 1.1.A, 1.1.B, 1.2.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A,
1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 2.3.C, 2.4.A, 3.1.A, 3.3.B, 4.1.A, 4.1.B, 4.1.C, 4.2.A,
4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A.