

## Physical Education 11/28-12/02 Week 16

**Activity** – 4<sup>th</sup> & 5<sup>th</sup> grade – Introduce or review/play Pin Ball game. 2<sup>nd</sup> & 3<sup>rd</sup> – Review /play Pin Ball game. K&1<sup>st</sup> – Review and continue dribbling basketballs, skipping, galloping, jump roping, and jumping Jacks. K &1<sup>st</sup> Review/Play Bowling.

**Warm-Up** – K&1<sup>st</sup> led by Mrs. Pitts/squads. 2<sup>nd</sup>-5<sup>th</sup> written on board, students do independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

**Vocabulary Words** – 4<sup>th</sup> & 5<sup>th</sup> – pin, mascot, block, and guard, throw, roll, dodge, endline, and sideline. 2<sup>nd</sup> & 3<sup>rd</sup> – throw, roll, end line, and sideline. K&1<sup>st</sup> – pin, roll, line, switch, strike, and spare.

**Objectives** - students will:

1. Complete the warm-up.
2. Follow directions/instructions/safety and class rules.
3. K-5<sup>th</sup> - work well with a team/group.
4. All students exhibit good sportsmanship.
5. Take care and use equipment properly.
6. K- 1<sup>st</sup> – Bowl behind the line.
8. K-5<sup>th</sup> skip, jump rope, and dribble and do jumping jacks/star jacks correctly.
9. 2<sup>nd</sup>- 5<sup>th</sup> - Roll or throw the ball behind the line, and stay outside the rectangle.
10. Continue to work on Cardiovascular Endurance Goal/Objective.

**Indiana Academic Standards covered:**

**K**- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.7.B, 1.10.A, 1.16.A, 2.1.A, 2.1.B, 2.2.A, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

**1<sup>st</sup>**- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.9.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.2.B, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

**2<sup>nd</sup>**- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 3.1.A, 3.2.A, 3.3.B, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.3.B, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

**3<sup>rd</sup>**- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.9.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 2.4.B, 3.1.B, 3.2.A, 3.3.A, 3.3.B, 3.4.A, 3.5.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.3.B, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

**4<sup>th</sup>**- 1.1.A, 1.1.B, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A, 1.10.A, 1.10.B, 1.16.A, 2.1.A, 2.1.C, 2.2.A, 2.3.A, 2.4.A, 2.4.B, 3.1.A, 3.2.A, 3.3.B, 3.4.A, 3.4.B, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.3.B, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A

**5<sup>th</sup>**-1.1.A, 1.1.B, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.B, 1.7.C, 1.7.D, 1.8.A, 1.9.A, 1.9.B, 1.9.C, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 2.4.A, 2.4.B, 3.2.A, 3.3.V, 3.4.A, 4.1.A, 4.1.B, 4.1.C, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A.