

Physical Education 12-5 - 12/09 Week 17

Activity - 2nd - 5th grade - Review and continue playing Grab the Bacon game. *** May use 1 or 2 Bacons (Mrs. Pitts). K&1st - Review and continue skipping, dribbling, jumping jacks, toe touches, arm circles, and jump roping. Review and play Drop the Bacon game (similar to Duck Duck Goose). If time, review/play Smurfs.

Warm-Up - K& 1st grade led by Mrs. Pitts in their squads. 2nd - 5th written on the board, students do independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

Vocabulary Words - 2nd- 5th - intercept, pass, middle circle, grab, chase, race, slide, tag, and spot. K&1st chase, tag, underhand, spot/place and slide.

Objectives - students will:

1. Complete the warm-up, and work well in a group or on a team.
2. Follow directions, instructions, and safety rules, and take care of equipment.
3. Exhibit good sportsmanship, accept individual differences, and enjoy class.
4. K-5th - tag others properly/safely.
5. K-5th- gallop, skip, dribble, and perform Jumping/Star Jacks correctly.
6. Students continue working on the Cardiovascular Objective/Goal jogging laps as part of their warm-up.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.1.B, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

1st - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2,3,A, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A,

5.3.A, 5.4.A.

4th - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 2.3.B, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

5th - 1.1.A, 1.2.A, 1.10.A, 1.11.A, 2.1.A, 2.3.A, 2.3.A, 2.3.B, 3.1.A, 3.2.A, 4.1.A, 4.1.B, 4.4.A, 4.5.A, 4.5.B, 5.1.A, 5.2.A, 5.3.A, 5.4.A.