Physical Education 12/19-12/21   Week 19
*** Have students bring their Devices/Chromebooks to class

Review Google Classroom for E-Learning/ practice a Google Meet meeting with all classes.

Activity – 2nd – 5th grade- Review Stations. K&1st – Review and continue dribbling basketballs, skipping, galloping, jump roping, jumping Jacks, toe touches, and arm circles. Review and play Squirrels and Trees/game. Review "Pulse", and introduce Squats, and Jogging and Galloping in place exercise in the Warm-Up.

Warm-Up – K&1st, led by Mrs. Pitts/squads. 2nd-5th written on board, students do independently, at their own pace. Amounts vary per grade/student as determined by the teacher to meet the student's individual needs and abilities.

Vocabulary Words – 4th& 5th – station, switch, rotate, group, balance, and clockwise. 2nd& 3rd – station, switch, rotate, balance, and group. K&1st- poly spot, chase, and switch.

Objectives - students will:

1. All student's will successfully complete the warm-up

2. All student's will follow directions, instructions, and safety rules.

3. All student's will take care of equipment and use it properly.

4. K-5th-Exhibit good sportsmanship, share, and work well with other students.

5.K-5th - dribble basketballs, jump rope, skip, and do jumping jacks correctly.

6.K-5th- complete the Warm-Up, and enjoy class/physical/activity.

7. K-5th - Continue working on Cardiovascular Objective/Goal during warm-up/jogging.

Indiana Academic Standards Covered :

K- 1.1.A, 1.1.B, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.10.A, 1.16.A, 2.1.A, 2.1.B, 2.2.B B, 2.2.A3.1.A, 3.2.A, 3.3.A, 3.5.A, 4.1.A, 4.1.%, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A. **1st-**1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A,5.2.A,5.3.A,5.4. **2nd-**1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.10.A, 1.10.B, 1.16.A, 1.16.B, 2.1.A, 2.2.A, 2.2.B, 2.3.A, 3.1.A, 3.2.A, 3.3.B, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd- 1.1.A, 1.1.B, 1.2.A, 1.3.A, 1.6.A, 1.7.A, 1.10.A, 1.16.A, 2.1.A, 2.2.A, 2.3.A, 3.1.B, 3.2.B, 3.3.B, 3.4.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.3.B, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

4th- 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.10.A, 1.10.2.1.A, 2.1.B, 2.1.C, 2.2.A, 3.1.A, 3.2.A, 3.3.B, 3.4.A, 3.4.B, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A. **5th –** 1.1.A, 1.2.A, 1.3.A, 1.4.A, 1.5.A, 1.6.A, 1.7.A, 1.7.D,1.10.A, 1.16.A, 2.2.A, 3.1.A, 3.2.A, 3.3.B, 4.1.A, 4.1.B, 4.1.C, 4.2.A, 4.3.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.