

Physical Education 4/4 - 4/8 Week 31

Activity - K-5th grade - Review and continue to practice Field Day relays and activities: basketball relay, baton relay, poly race, and racquet race.

Warm-Up - K & 1st led by Mrs. Pitts in squads, galloping, skipping, jogging, jumping/star jacks. Toe touches, wind mills, and wall push-ups/push-ups. 2nd - 5th written on board, students do independently at their own pace. Amounts vary per grade/student as determined by the teacher to meet students' individual needs and abilities.

Vocabulary Words - K-5th - disqualified, race, relay, counter clockwise, cone, poly spot, baton, cylinder racquet, left, right, dribble, push, basketball, starting line, and slide.

Objectives - students will:

1. Successfully complete the Warm-Up.
2. Follow directions, instructions, and safety rules.
3. Stay behind the starting line, and go counter clockwise around the cone.
4. Take care, share, and use equipment properly.
5. Improve dribbling skills, and increase dribbling speed.
6. Accept individual differences.
7. Exhibit good sportsmanship and teamwork.
8. Enjoy physical activity, and Physical Education class.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.4.A, 1.9.B, 1.10.A, 1.16.A, 2.1.A, 1.16.A, 2.1.A, 2.3.A, 2.3.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

1st - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.10.B, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 3.3.B, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

4th - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.10.B, 1.16.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

5th - 1.1.A, 1.2.A, 1.6.A, 1.9.B, 1.9.C, 1.10.A, 2.1.A, 2.3.A, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A.