

Physical Education 4/11 - 4/15 Week 33 (Central -2nd - 5th If nice enough, walk to the Track to practice for Field Day)

Activity - 3rd-5th grade - Introduce or review Scooter Board relays. K-2nd - Review Field Day relays, and Scooter Board relays. If time, 3rd - 5th - Introduce Scooter Board relays, and K-2nd - review Scooter Board Relays.

Warm-Up - K & 1st led by Mrs. Pitts in squads, galloping, skipping, jogging, jumping/star jacks. Toe touches, wind mills, and wall push-ups/push-ups. 2nd - 5th written on board, students do independently at their own pace. Amounts vary per grade/student as determined by the teacher to meet students' individual needs and abilities.

Vocabulary Words - K-5th - relay, counter clockwise, cone, baton, right, dribble, basketball, slide, Scooter Board, pull, and push.

Objectives - students will:

1. Successfully complete the Warm-Up.
2. Follow directions, instructions, and safety rules.
3. Stay behind the starting line, and go counter clockwise around cone.
4. Take care, share, and use equipment properly.
5. Improve dribbling skills, and increase dribbling speed.
6. Accept individual differences.
7. Exhibit good sportsmanship and teamwork.
8. Enjoy physical activity, Physical Education class, and a new activity.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.4.A, 1.9.B, 1.10.A, 1.16.A, 2.1.A, 1.16.A, 2.1.A, 2.3.A, 2.3.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A. **1st** - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A. **2nd** - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.10.B, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 3.3.B, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

4th - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.10.B, 1.16.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A,

4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.5th - 1.1.A, 1.2.A, 1.6.A, 1.9.B, 1.9.C, 1.10.A, 2.1.A, 2.3.A,
3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A.