

Physical Education 5/2 - 5/6 Week 35

Activity - Central -2nd - 5th If nice enough, walk to the Track to practice for Field Day. Fillmore 2nd-5th - If nice review American Kickball/play outside.

Activity - K- 5th - review and practice Field Day Relays (inside).

Warm-Up - K & 1st led by Mrs. Pitts in squads, galloping, skipping, jogging, jumping/star jacks. Toe touches, wind mills, and wall push-ups/push-ups. 2nd - 5th written on the board, students do independently at their own pace. Amounts vary per grade/student as determined by the teacher to meet students' individual needs and abilities.

Vocabulary Words - (depending on activity) kick, rotate, pace, lap, foul, baseline, and rotate.

Objectives - students will:

1. Successfully complete the Warm-Up.
2. Follow directions, instructions, and safety rules.
3. Enjoy physical activity, and Physical Education class.
4. Take care, share, and use equipment properly.
5. Improve dribbling skills & speed
6. Accept individual differences.
7. Exhibit good sportsmanship and teamwork.

Indiana Academic Standards Covered:

K - 1.1.A, 1.2.A, 1.4.A, 1.9.B, 1.10.A, 1.16.A, 2.1.A, 1.16.A, 2.1.A, 2.3.A, 2.3.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A. **1st** - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.3.A, 3.1.A, 3.2.A, 3.3.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

2nd - 1.1.A, 1.2.A, 1.4.A, 1.10.A,1.10.B,2.1.A, 2.3.A, 3.1.A, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

3rd - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.16.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 3.3.B, 3.5.A, 3.6.A,4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A.

4th - 1.1.A, 1.2.A, 1.4.A, 1.10.A, 1.10.B, 1.16.A, 2.1.A, 2.3.A, 3.1.B, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 5.1.A, 5.3.A, 5.4.A.

5th-1.A, 5.1.A, 5.2.A, 5.3.A, 5.4.A,1.A, 1.2.A, 1.6.A, 1.9.B, 1.9.C, 1.10.A, 2.1.A, 2.3.A, 3.2.A, 3.5.A, 3.6.A, 4.1.A, 4.1.B, 4.2.A, 4.3.A, 4.4.A, 4.5.A, 5.1.A, 5.3.A, 5.4.A